



Smart Health
Insight

Annual Health
Check-up

Lab Test
Profiles

Managed Care
AI Models

Tele
Consultations

Smart Face
Scan

Diet
Consultations

Step
Tracker

Fitness
Videos

**MY
SWASTHYA
CARE**

Smart support. Complete Care.

BAJAJ GENERAL INSURANCE LIMITED

(Formerly known as Bajaj Allianz General Insurance Company Limited) is one of India's leading, most trusted and dynamic private general insurance companies. It is a subsidiary of Bajaj Finserv Limited, India's leading and most diversified financial services group.

Bajaj General offers a broad portfolio of innovative and customer-focused insurance solutions, spanning motor, health and home insurance, along with specialised products such as pet insurance, wedding insurance, event protection, cyber insurance and rural insurance. From safeguarding your health and home to protecting your travels and life's most important moments, Bajaj General aims to be a constant partner in your journey. Bajaj General equally offers a comprehensive and a well-diversified range of products, including fire, marine, engineering, liability and surety insurance to corporates and SMEs. The company also participates in various government schemes with a focus on financial inclusion. The company is also known for its robust risk selection capabilities, digital adoption and product innovation.

Established in 2001, the company has grown its footprint to nearly 1,500 towns and cities across India, ensuring easy access and a close connection to its customers. This access is enabled through the largest distribution network, spanning across individual agents, point-of-sales personnel, banks, NBFCs, motor dealers, brokers and the company's proprietary sales force.

It holds an [ICRA]AAA rating from ICRA Limited, reflecting the highest level of confidence in its financial strength and stability. With a strong legacy, a forward-looking mindset and an unwavering focus on its 'Customer-First' philosophy, Bajaj General remains committed to protecting what matters most, empowering individuals, families and businesses to live with confidence and peace of mind.

*As on 2025



MY SWASTHYA CARE

Modern lifestyles need modern wellness support. **My Swasthya Care** brings together digital health tools, tele consultations, lab profiles, diet guidance, fitness access and AI-enabled wellness insights to help you monitor and manage key chronic and lifestyle health indicators.

It is designed for insured persons who have been diagnosed with, are undergoing management for, or want to monitor and reduce the risk of specified chronic or lifestyle conditions. All services will only be provided on a cashless basis through service providers or Company's application.

WHY CHOOSE MY SWASTHYA CARE?



Digital-first wellness support through app-based services and tools.



Annual health check-up to help identify key health risks early.



Tele consultations with GP/Internal Medicine doctors and selected specialists.



Lab test profiles for diabetes, lipid, thyroid, kidney and liver health monitoring.



Diet consultations to support healthy lifestyle and weight management.



AI-enabled wellness tools such as Smart Face Scan, Managed Care AI Models and Smart Health Insight.



Fitness and step tracking support to help customers stay active and aware.



KEY BENEFITS AT A GLANCE

My Swasthya Care includes the following services during each policy year:



HEALTH CHECKS, LAB TESTS AND DOCTOR GUIDANCE

Know your numbers. Get guided support.



Annual Health Check-up

Avail **1 Basic Annual Health Check-up** during each policy year through designated network providers. The package includes tests for diabetes, lipid disorder, thyroid disorder, kidney function and liver function.

Included tests: HbA1c, Total Cholesterol, TSH, Serum Creatinine, SGOT/AST and SGPT/ALT.



Lab Test Profiles

Avail **2 lab test profiles** during each policy year from the listed profiles for diabetes, lipid, thyroid, kidney, or liver function.



Tele Consultations

Get access to **1 Specialist Tele Consultation and 3 General Practitioner/Internal Medicine Tele Consultations** through the approved digital platform. Specialists available includes Diabetologist, Cardiologist, Endocrinologist, Nephrologist and Gastroenterologist.

LIFESTYLE, DIET, FITNESS AND ACTIVITY SUPPORT

Everyday habits can make a difference



Diet Consultations

Get **6 diet consultation sessions** in each policy year through qualified dietitians and nutritionists available on the company's or service provider's app or website. These sessions support healthy eating, lifestyle improvement, weight management and health management.



Fitness Videos

Access a digital library of fitness videos through the approved application during the policy year.



Step Tracker

Track daily steps, distance, calories burned and active duration through the application, with weekly and monthly trends. No wearable device is required.

SMART DIGITAL WELLNESS TOOLS

Digital insights to support better awareness



Smart Face Scan

Avail 4 Face Scans using your phone camera to access an AI-enabled wellness assessment that provides wellness score, cardiac age, body vitals and stress indicators.



Managed Care AI Models

AI models for Diabetes and Cholesterol use inputs and uploaded health reports to estimate biomarker levels, show them on a reference scale and highlight lifestyle factors such as weight, diet, activity, sleep and stress.



A medical report

A personalized digital health analytics feature that uses the customer's lab report, profile setup and app assessment to generate wellness insights.

For complete details of coverage, limits, waiting periods, exclusions, service process and conditions, please refer to the policy wording.



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**BAJAJ INSURANCE HOUSE, AIRPORT ROAD,
YERAWADA, PUNE - 411006. IRDAI REG NO.: 113.**



**FOR ANY QUERY (TOLL FREE)
1800-209-0144 /1800-209-5858**



www.bajajgeneralinsurance.com



careforyou@bajajgeneral.com

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For more details on risk factors, Terms and Conditions, please read the Policy Wordings and Prospectus before concluding a sale.

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Policy holders can download Bajaj General app for one - touch access. Available on  | 